

CITY OF IRWINDALE

5050 N. IRWINDALE AVE., IRWINDALE CA 91706 • PHONE: (626) 430-2200



NOTICE AND AGENDA FOR REGULAR MEETING OF THE

SENIOR CITIZEN COMMISSION

September 22, 2025

9:00 AM

IRWINDALE COUNCIL CHAMBER

ROBERT LOPEZ - Chair

CAROL ACOSTA - Vice Chair

CHRISTINA FRAIJO - Commissioner

LINDA MAREZ - Commissioner

IRIS RODRIGUEZ - Commissioner

Via Zoom Webinar at <https://us02web.zoom.us/j/88366337251>

In the event that a Zoom broadcast is unavailable, staff will promptly notify the public through its social media platforms. The public meeting will proceed in accordance with The Brown Act.

Listen Over Phone: 1-669-900-6833; Webinar ID: 883-6633-7251

Spontaneous Communications: The public is encouraged to address the Senior Citizen Commission on any matter listed on the agenda or on any other matter within its jurisdiction. The Senior Citizen Commission will hear public comments on items listed on the agenda during discussion of the matter and prior to a vote. The Senior Citizen Commission will hear public comments on matters not listed on the agenda during the Spontaneous Communications period.

Pursuant to provisions of the **Brown Act**, no action may be taken on a matter unless it is listed on the agenda. The Senior Citizen Commission may request that staff research and/or schedule certain matters for consideration at a future Senior Citizen Commission meeting.

Americans with Disabilities Act: In compliance with the ADA and Government Code section 54953(g), the City of Irwindale has adopted a reasonable accommodation policy to swiftly resolve accommodation requests. The policy can be found on the City's website: <https://www.irwindaleca.gov/DocumentCenter/View/8075/AB-2449-Reasonable-Accommodation-Policy>. If you need special assistance to participate in a Senior Citizen Commission meeting or other services offered by this City, including an electronic or printed copy of the City's reasonable accommodation policy, please contact City Hall at (626) 430-2200. Notification of at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting or service.

Note: Staff reports are available for inspection at the office of the Chief Deputy City Clerk, City Hall, 5050 N. Irwindale Avenue, during regular business hours (8:00 a.m. to 6:00 p.m., Monday through Thursday).

Code of Ethics

As City of Irwindale Senior Citizen Commissioners, our fundamental duty is to serve the public good. We are committed to the principle of an efficient and professional local government. We will be exemplary in obeying the letter and spirit of Local, State and Federal laws and City policies affecting the operation of the government and in our private life. We will be independent and impartial in our judgment and actions.

We will work for the common good of the City of Irwindale community and not for any private or personal interest. We will endeavor to treat all people with respect and civility. We will commit to observe the highest standards of morality and integrity, and to faithfully discharge the duties of our office regardless of personal consideration. We shall refrain from abusive conduct, personal charges or verbal attacks upon the character or motives of others.

We will inform ourselves on public issues, listen attentively to public discussions before the body, and focus on the business at hand. We will base our decisions on the merit and substance of that business. We will be fair and equitable in all actions, claims or transactions. We shall not use our official position to influence government decisions in which we have a financial interest or where we have a personal relationship that could present a conflict of interest, or create a perception of a conflict of interest.

We shall not take advantage of services or opportunities for personal gain by virtue of our public office that are not available to the public in general. We shall refrain from accepting gifts, favors or promises of future benefit that might compromise our independence of judgment or action or give the appearance of being compromised.

We will behave in a manner that does not bring discredit or embarrassment to the City of Irwindale. We will be honest in thought and deed in both our personal and official lives.

Ultimate responsibility for complying with this Code of Ethics rests with the individual elected and appointed official. In addition to any other penalty as provided by law, violation of this Code of Ethics may be used as a basis for disciplinary action or censure of a Council Member and/or Commissioner.

These things we hereby pledge to do in the interest and purposes for which our government has been established.

IRWINDALE SENIOR CITIZEN COMMISSION



1. CALL TO ORDER**2. PLEDGE OF ALLEGIANCE****3. INVOCATION****4. ROLL CALL** **Commissioners: Christina Fraijo, Linda Marez, Iris Rodriguez; Vice Chair Carol Acosta; Chair Robert Lopez****5. AB 2449 DISCLOSURES**

Remote participation by a member of the legislative body for just cause or emergency circumstances

6. CONSENT CALENDAR

The Consent Calendar contains matters of routine business and is to be approved with one motion unless a member of the Commission requests separate action on a specific item. At this time, members of the audience may ask to be heard regarding an item on the Consent Calendar.

A. Minutes of the Meeting Held August 25, 2025

Department: City Clerk

Recommendation: Approve

7. SPONTANEOUS COMMUNICATIONS

This is the time set aside for members of the audience to speak on any item not on this agenda that is within the Commission's subject matter jurisdiction. The Senior Citizen Commission is an advisory body appointed by the City Council that reviews and provides recommendations on matters related to the senior citizens of the community. Except for very limited circumstances, state law prohibits any Commission discussion or action on items that are not on the agenda.

All members of the public are asked to observe the City's Rules of Procedure and Public Meeting Decorum. The City's Rules of Procedure and Public Meeting Decorum can be found on the City's website, and at Chapter 2.40 of the Irwindale Municipal Code. You may also contact the City Clerk's Office for copies.

Each speaker will be limited to 3 minutes unless such time limits are extended. If a member of the public wishes to donate their time to another speaker, both persons must be physically present and in attendance of the meeting. The Presiding Officer may, in his or her discretion, extend the 3-minute time limitation for the particular subject for all speakers. In no event shall the total amount of speaking time exceed 6 minutes per person for the subject under discussion. Organized groups of persons wishing to address the Board on the same subject should select a spokesperson to represent the group so as to avoid unnecessary repetition.

The Commission may regulate a speaker who is speaking too long or out of order, being unduly repetitious, discussing irrelevancies, or extending to items not within the subject matter jurisdiction of the Commission. Please be reminded that discrimination, abusive use of profanity, unruly disruption,

and violent or physically threatening conduct is discouraged. Members of the public shall not disrupt the orderly conduct of the meeting. The Presiding Officer will request that a person cease any disruptive conduct, and if not immediately stopped, will direct the person to be removed from the meeting.

8. NEW BUSINESS

At this time, members of the audience may ask to be heard regarding an item on New Business.

A. Survey for Vulnerable Population

Department: Public Services

Recommendation: Discuss and request the creation and distribution of a survey to the senior community relating to our vulnerable population experiencing increased risk in poor physical and mental health, lack of social connections, and temporary illnesses; and provide staff with direction on what should be included in the survey.

9. SENIOR CENTER MANAGER UPDATE

10. PUBLIC SERVICES DIRECTOR UPDATE

11. REQUESTS FOR AGENDA ITEMS BY COMMISSION

If a Commissioner is interested in a task or project, the Commissioner shall request that the item be agendaized in this section.

12. ADJOURN

AFFIDAVIT OF POSTING

I, Armando Hegdahl, Management Analyst, certify that I caused the agenda for the regular meeting of the Irwindale Senior Citizen Commission to be held on September 22, 2025, to be posted at the City Hall, Library, and Post Office on September 18, 2025.



Armando Hegdahl, CMC
Management Analyst

**IRWINDALE COUNCIL CHAMBER
5050 N. IRWINDALE AVENUE
IRWINDALE, CALIFORNIA 91706**

**AUGUST 25, 2025
MONDAY
9:00 A.M.**

The Irwindale **SENIOR CITIZEN COMMISSION** met in regular session at the above time and place.

ROLL CALL:

Present: Commissioners Christina Fraijo, Linda Marez, Iris Rodriguez;
Vice Chair Carol Acosta; Chair Robert Lopez

Also present: Elizabeth Rodriguez, Public Services Director; Elena Martinez, Senior Center Manager; and Armando Hegdahl, Management Analyst

AB2449 DISCLOSURES

None.

CONSENT CALENDAR

MOTION

A motion was made by Vice Chair Acosta, seconded by Commissioner Rodriguez, to approve the Consent Calendar. The motion was unanimously approved.

**ITEM NO. 6A
MINUTES**

MINUTES

The minutes of the meeting held July 28, 2025, were approved as presented.

END OF CONSENT CALENDAR

**SPONTANEOUS
COMMUNICATIONS**

SUZANNE GOMEZ

Suzanne Gomez thanked former Senior Center Manager Eloise Beltran for her decades of service to the City and spoke on the special memories she shares with her.

PAT GONZALES

An email submitted by Pat Gonzales was read into the record wherein she asked why Senior Center staff was not aware of the schedule for classes put on by Mt. Sac at the Senior Center. She also asked whether staff could conduct welfare checks on ill seniors.

VICE CHAIR ACOSTA

Responding to a question by Vice Chair Acosta, Commissioner Marez pointed out that a local senior was scheduled to have open heart surgery and that she may have benefitted from a phone call or a visit. She also asked whether a survey could be sent out to residents to gauge interest in Senior Center staff conducting welfare calls/visits, to which Director Rodriguez stated that staff could place the request on the agenda for the next meeting for further discussion.

NEW BUSINESS

ITEM NO. 8A
SENIOR CENTER'S
NEW ADA VAN
UPDATE – VERBAL

SENIOR CENTER'S NEW ADA VAN UPDATE – VERBAL

DIRECTOR RODRIGUEZ Director Rodriguez introduced and provided background information on Elena Martinez as the new Senior Center Manager.

MANAGER MARTINEZ Manager Martinez made a PowerPoint presentation displaying the new van and its amenities.

SENIOR CENTER
MANAGER UPDATE

Senior Center Manager Martinez provided the following update:

- 1) The vending machine was repaired.
- 2) Class registrations have begun.
- 3) The “6-Week Challenge” activities are in full swing. Seniors will enjoy a walk-through of Jardin de Roca Park next week.
- 4) The class brochure will be revamped soon, with a contest being held to choose a name for it.
- 5) A trip to Medieval Times has been scheduled for September 13.
- 6) A trip to Queen Mary in Long Beach was held on August 9.
- 7) About 55 seniors attended the end of summer dance and potluck event, where former Senior Center Manager Beltran was recognized.
- 8) A Mexican Independence Day Cance has been scheduled for September 16.
- 9) Sixteen individuals participated in the Bingo activities held last week.

COMMISSIONER
MAREZ

Commissioner Marez thanked and welcomed Manager Martinez.

PUBLIC SERVICES
DIRECTOR UPDATE

Director Rodriguez provided the following update:

- 1) She noted that staff is preparing a Hazard Mitigation Plan and encouraged all to participate in taking the survey.
- 2) She also provided a brief update on the construction progress of the new Library.
- 3) The Senior Center was opened as a cooling center last week. Staff will continue monitoring the weather to see if it will continue operating as a cooling center.
- 4) The Mariachi Fest concerts at the Park will be held every Thursday in September.
- 5) A Deep-Sea Fishing trip has been scheduled for September 27.

SUZANNE GOMEZ

Suzanne Gomez stated that Senior Center and Police Department staff used to call Irwindale seniors regularly to see how they were doing and suggested that staff reach out to sick or lonely seniors.

DIRECTOR RODRIGUEZ Director Rodriguez noted that the Senior Center staff has set goals that revolve around emergency preparedness and advised that staff will present regarding said efforts in the future.

**REQUESTS FOR AGENDA
ITEMS BY COMMISSION**

CHAIR LOPEZ Chair Lopez asked that the issue regarding Mt. Sac classes be placed on the next agenda for discussion.

COMMISSIONER
MAREZ Commissioner Marez also asked that an item be placed on the next agenda to discuss staff outreach to sick and lonely seniors.

ADJOURNMENT

There being no further business to conduct, the meeting was adjourned at 9:25 a.m.

ATTEST:

Armando Hegdahl, CMC
Management Analyst

City of
IRWINDALE
AGENDA REPORT

Date: September 22, 2025

To: Honorable Chair and Members of the Senior Citizen Commission

From: Elizabeth Rodriguez, Public Services Director

Issue: Survey for Vulnerable Population

Public Services Director's Recommendation:

Discuss and request the creation and distribution of a survey to the senior community relating to our vulnerable population experiencing increased risk in poor physical and mental health, lack of social connections, and temporary illnesses; and provide staff with direction on what should be included in the survey.

Administrative Action:

Submitted by:

Elizabeth Rodriguez, Public Services Director

Prepared by:

Elena Martinez, Senior Center Manager

Background and Analysis:

At the August 27, 2025 Special Senior Citizen meeting, there was a request from Commissioner Marez to send out a survey to the senior community to better understand the needs of our most vulnerable population, those who are experiencing increased risk in poor physical and mental health, lack of social connections, and temporary illnesses.

Currently, the Irwindale Senior Center provides the following services to this population:

- Homebound Seniors fill out an application requesting the delivery of meals by staff to their homes as part of the Irwindale Senior Center's Nutrition Program. Meals are delivered Monday through Friday from 11am to 12:00pm.
- Greeting Card Workshops are held the second Friday of each month. A variety of greeting cards are created, donated back the Irwindale Senior Center and sent out to our Homebound Senior Community.
- Irwindale Senior Center opens its doors as a cooling center when the temperature reaches 100+ degrees, which allows anyone to visit the center to cool off. However, the senior community, Adults 50+, are always welcome to come visit the Senior Center during any time when the weather reaches any temperature that causes them to become too hot or cold.
- The Irwindale Police Department has a list of Homebound Seniors and will typically contact

them when the temperatures reach 100+ degrees. This only occurs during the weekends when the Irwindale Senior Center is not open. Police Officers will visit the Homebound Senior if they do not answer the phone to ensure they are safe and to determine if they are in need of any services.

Should the Commission request staff create and distribute a survey to our senior community, Adults 50+, staff will complete a draft survey and present it to the Senior Citizen Commission at its next regularly scheduled meeting. Staff requests input from the commission on what should be included in the survey.

For discussion on this item, staff has developed potential ideas for a Wellness Call program and questions addressing the following can be drafted to learn more about the needs of our vulnerable population:

1. Voluntary sign-up list at the senior center for seniors preparing to undergo medical treatment. Staff would call for designated number of weeks or until senior cancels services.
2. Voluntary sign up at the senior center. Create a network of phone pen pals designated to call at a certain day and time during the week.
3. Voluntary program at the senior center organized by staff, executed by volunteers. Volunteers call list once a week or once every other week.

Attachments:

None