

CITY OF IRWINDALE

5050 N. IRWINDALE AVE., IRWINDALE CA 91706 • PHONE: (626) 430-2200



NOTICE AND AGENDA FOR REGULAR MEETING OF THE

SENIOR CITIZEN COMMISSION

October 27, 2025

9:00 AM

IRWINDALE COUNCIL CHAMBER

ROBERT LOPEZ - Chair

CAROL ACOSTA - Vice Chair

CHRISTINA FRAIJO - Commissioner

LINDA MAREZ - Commissioner

IRIS RODRIGUEZ - Commissioner

Via Zoom Webinar at <https://us02web.zoom.us/j/88366337251>

In the event that a Zoom broadcast is unavailable, staff will promptly notify the public through its social media platforms. The public meeting will proceed in accordance with The Brown Act.

Listen Over Phone: 1-669-900-6833; Webinar ID: 883-6633-7251

Spontaneous Communications: The public is encouraged to address the Senior Citizen Commission on any matter listed on the agenda or on any other matter within its jurisdiction. The Senior Citizen Commission will hear public comments on items listed on the agenda during discussion of the matter and prior to a vote. The Senior Citizen Commission will hear public comments on matters not listed on the agenda during the Spontaneous Communications period.

Pursuant to provisions of the **Brown Act**, no action may be taken on a matter unless it is listed on the agenda. The Senior Citizen Commission may request that staff research and/or schedule certain matters for consideration at a future Senior Citizen Commission meeting.

Americans with Disabilities Act: In compliance with the ADA and Government Code section 54953(g), the City of Irwindale has adopted a reasonable accommodation policy to swiftly resolve accommodation requests. The policy can be found on the City's website: <https://www.irwindaleca.gov/DocumentCenter/View/8075/AB-2449-Reasonable-Accommodation-Policy>. If you need special assistance to participate in a Senior Citizen Commission meeting or other services offered by this City, including an electronic or printed copy of the City's reasonable accommodation policy, please contact City Hall at (626) 430-2200. Notification of at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting or service.

Note: Staff reports are available for inspection at the office of the Chief Deputy City Clerk, City Hall, 5050 N. Irwindale Avenue, during regular business hours (8:00 a.m. to 6:00 p.m., Monday through Thursday).

Code of Ethics

As City of Irwindale Senior Citizen Commissioners, our fundamental duty is to serve the public good. We are committed to the principle of an efficient and professional local government. We will be exemplary in obeying the letter and spirit of Local, State and Federal laws and City policies affecting the operation of the government and in our private life. We will be independent and impartial in our judgment and actions.

We will work for the common good of the City of Irwindale community and not for any private or personal interest. We will endeavor to treat all people with respect and civility. We will commit to observe the highest standards of morality and integrity, and to faithfully discharge the duties of our office regardless of personal consideration. We shall refrain from abusive conduct, personal charges or verbal attacks upon the character or motives of others.

We will inform ourselves on public issues, listen attentively to public discussions before the body, and focus on the business at hand. We will base our decisions on the merit and substance of that business. We will be fair and equitable in all actions, claims or transactions. We shall not use our official position to influence government decisions in which we have a financial interest or where we have a personal relationship that could present a conflict of interest, or create a perception of a conflict of interest.

We shall not take advantage of services or opportunities for personal gain by virtue of our public office that are not available to the public in general. We shall refrain from accepting gifts, favors or promises of future benefit that might compromise our independence of judgment or action or give the appearance of being compromised.

We will behave in a manner that does not bring discredit or embarrassment to the City of Irwindale. We will be honest in thought and deed in both our personal and official lives.

Ultimate responsibility for complying with this Code of Ethics rests with the individual elected and appointed official. In addition to any other penalty as provided by law, violation of this Code of Ethics may be used as a basis for disciplinary action or censure of a Council Member and/or Commissioner.

These things we hereby pledge to do in the interest and purposes for which our government has been established.

IRWINDALE SENIOR CITIZEN COMMISSION



1. CALL TO ORDER**2. PLEDGE OF ALLEGIANCE****3. INVOCATION****4. ROLL CALL** **Commissioners: Christina Fraijo, Linda Marez, Iris Rodriguez; Vice Chair Carol Acosta; Chair Robert Lopez****5. AB 2449 DISCLOSURES**

Remote participation by a member of the legislative body for just cause or emergency circumstances

6. CONSENT CALENDAR

The Consent Calendar contains matters of routine business and is to be approved with one motion unless a member of the Commission requests separate action on a specific item. At this time, members of the audience may ask to be heard regarding an item on the Consent Calendar.

A. Minutes of the Meeting Held September 22, 2025

Department: City Clerk

Recommendation: Approve

7. SPONTANEOUS COMMUNICATIONS

This is the time set aside for members of the audience to speak on any item not on this agenda that is within the Commission's subject matter jurisdiction. The Senior Citizen Commission is an advisory body appointed by the City Council that reviews and provides recommendations on matters related to the senior citizens of the community. Except for very limited circumstances, state law prohibits any Commission discussion or action on items that are not on the agenda.

All members of the public are asked to observe the City's Rules of Procedure and Public Meeting Decorum. The City's Rules of Procedure and Public Meeting Decorum can be found on the City's website, and at Chapter 2.40 of the Irwindale Municipal Code. You may also contact the City Clerk's Office for copies.

Each speaker will be limited to 3 minutes unless such time limits are extended. If a member of the public wishes to donate their time to another speaker, both persons must be physically present and in attendance of the meeting. The Presiding Officer may, in his or her discretion, extend the 3-minute time limitation for the particular subject for all speakers. In no event shall the total amount of speaking time exceed 6 minutes per person for the subject under discussion. Organized groups of persons wishing to address the Board on the same subject should select a spokesperson to represent the group so as to avoid unnecessary repetition.

The Commission may regulate a speaker who is speaking too long or out of order, being unduly repetitious, discussing irrelevancies, or extending to items not within the subject matter jurisdiction of the Commission. Please be reminded that discrimination, abusive use of profanity, unruly disruption,

and violent or physically threatening conduct is discouraged. Members of the public shall not disrupt the orderly conduct of the meeting. The Presiding Officer will request that a person cease any disruptive conduct, and if not immediately stopped, will direct the person to be removed from the meeting.

8. NEW BUSINESS

At this time, members of the audience may ask to be heard regarding an item on New Business.

A. Survey for Vulnerable Population

Department: Public Services

Recommendation: Review survey and provide feedback and direction to staff.

B. Age Friendly City

Department: Public Services

Recommendation: Discuss and provide a recommendation for staff to initiate the Age-Friendly City application process through AARP.

9. SENIOR CENTER MANAGER UPDATE

10. PUBLIC SERVICES DIRECTOR UPDATE

11. REQUESTS FOR AGENDA ITEMS BY COMMISSION

If a Commissioner is interested in a task or project, the Commissioner shall request that the item be agendized in this section.

12. ADJOURN

AFFIDAVIT OF POSTING

I, Armando Hegdahl, Management Analyst, certify that I caused the agenda for the regular meeting of the Irwindale Senior Citizen Commission to be held on October 27, 2025, to be posted at the City Hall, Library, and Post Office on October 23, 2025.



Armando Hegdahl, CMC
Management Analyst

**IRWINDALE COUNCIL CHAMBER
5050 N. IRWINDALE AVENUE
IRWINDALE, CALIFORNIA 91706**

**SEPTEMBER 22, 2025
MONDAY
9:00 A.M.**

The Irwindale **SENIOR CITIZEN COMMISSION** met in regular session at the above time and place.

ROLL CALL:

Present: Commissioners Christina Fraijo, Linda Marez, Iris Rodriguez.
Vice Chair Carol Acosta; Chair Robert Lopez

Also present: Elizabeth Rodriguez, Public Services Director; Elena Martinez, Senior Center Manager; and Armando Hegdahl, Management Analyst

AB2449 DISCLOSURES

None.

CONSENT CALENDAR

MOTION

A motion was made by Commissioner Rodriguez, seconded by Vice Chair Acosta, to approve the Consent Calendar. The motion was unanimously approved.

**ITEM NO. 6A
MINUTES OF THE
MEETING HELD
AUGUST 25, 2025,**

MINUTES OF THE MEETING HELD AUGUST 25, 2025

The minutes of the meeting held August 25, 2025, were approved as presented.

END OF CONSENT CALENDAR

**SPONTANEOUS
COMMUNICATIONS**

There were no speakers.

**ITEM NO. 8A
SURVEY FOR
VULNERABLE
POPULATION**

SURVEY FOR VULNERABLE POPULATION

DIRECTOR RODRIGUEZ Director Rodriguez presented the staff report.

**COMMISSIONER
RODRIGUEZ**

Responding to a question by Commissioner Rodriguez, Director Rodriguez advised that seniors could be sent a survey where they could be asked whether they would want to provide emergency contact information to staff.

**COMMISSIONER
MAREZ**

Commissioner Marez suggested that information on the homebound meal program be sent to seniors since many might not know it exists.

**COMMISSIONER
FRAIJO**

Commissioner Fraijo asked whether volunteers could reach out to seniors experiencing medical issues who may enjoy friendly outreach, to which Commissioner Marez stated that she would be willing to volunteer.

COMMISSIONER
MAREZ Commissioner Marez stated that more should be done to inform senior residents about available programs and services.

COMMISSIONER
RODRIGUEZ Responding to a question by Commissioner Rodriguez, Manager Martinez stated that the Senior Center offers a class where participants prepare greeting cards that are then mailed out to senior residents. She noted that staff cannot ask about the seniors' medical conditions due to HIPAA laws but can ask to see what information they would be willing to share with staff.

DIRECTOR RODRIGUEZ Director Rodriguez stated that staff could perhaps send out a survey to update seniors regarding available programs and services.

CHAIR LOPEZ Chair Lopez suggested that the survey be sent out every six months.

**SENIOR CENTER
MANAGER UPDATE**

Senior Center Manager Martinez provided the following update:

- 1) Senior Center staff is working on preparing for emergencies such as earthquakes.
- 2) The Six-Week Challenge will conclude this week.
- 3) Staff is working on improving communication lines with Mt. Sac to inform class participants when Mt. Sac classes are cancelled.
- 4) A senior seminar has been scheduled for this Thursday.
- 5) Registrations for the Pumpkin Decorating and Dia de los Muertos events open today.
- 6) Twenty-one seniors attended the September 13 trip to Medieval Times.
- 7) A trip to Oak Glen has been scheduled for October 11.
- 8) Registration for the trip to Fantasy Springs Casino begins October 6.
- 9) A Mexican Independence Day Dance was held on September 16 and was enjoyed by 55 attendees.
- 10) A Health Fair and Walk has been scheduled for October 1.
- 11) A Halloween Dance is scheduled for October 24, with registrations beginning today.
- 12) Bingo activities have been scheduled for September 24.

**PUBLIC SERVICES
DIRECTOR UPDATE**

Director Rodriguez provided the following update:

- 1) She provided information from the Weekly Update that is provided to all Councilmembers and Commissioners.
- 2) Staff is updating the Hazard Mitigation Plan and is looking for community input.
- 3) She also provided an update on the Irwindale Public Library Improvement Project.
- 4) The fall bulky-item pickup event has been scheduled for October 10, with the free compost giveaway scheduled for October 11.
- 5) She also briefly discussed mosquito abatement methods.
- 6) A Deep-Sea Fishing event has been scheduled for October 27.

- 7) Details about upcoming Recreation Department activities were also provided.

COMMISSIONER
MAREZ

Commissioner Marez encouraged all to attend the RockAbilities events and stated that they are very heartwarming and encouraging events. She also encouraged all to attend the Trunk-or-Treat events.

**REQUESTS FOR AGENDA
ITEMS BY COMMISSION**

COMMISSIONER
RODRIGUEZ

Commissioner Rodriguez commended Becky at the Senior Center for her great work on the Six-Week Challenge activities. She also spoke highly about the trip to Medieval Times and the Mexican Independence Dance, and thanked all Senior Center workers for their diligence and hard work.

CHAIR LOPEZ

Chair Lopez spoke on the need for additional stalls at the men's restroom at the Senior Center and requested that the matter be placed on the next agenda for discussion.

ADJOURNMENT

There being no further business to conduct, the meeting was adjourned at 9:27 a.m.

ATTEST:

Armando Hegdahl, CMC
Management Analyst

City of
IRWINDALE
AGENDA REPORT

Date: October 27, 2025

To: Honorable Chair and Members of the Senior Citizen Commission

From: Elizabeth Rodriguez, Public Services Director

Issue: Survey for Vulnerable Population

Public Services Director's Recommendation:

Review survey and provide feedback and direction to staff.

Administrative Action:

Submitted by:

Elizabeth Rodriguez, Public Services Director

Prepared by:

Elena Martinez, Senior Center Manager

Background and Analysis:

At the August 27, 2025 Special Senior Citizen Commission meeting, Commissioner Marez requested to distribute a survey to the senior community to better understand the needs of our most vulnerable population, including those who are at increased risk of poor physical and mental health, social isolation, and temporary illness.

At the September 22, 2025 Senior Citizen Commission meeting, the Commission agreed to review a wellness survey developed by staff that touched on the following:

- Emergency contact information
- Homebound nutrition program
- Greeting Card program

Staff recommends that the Senior Citizen Commission review the draft wellness survey, provide feedback and direction, and determine whether to approve the survey for City Council consideration.

Attachments:

1. Senior Center Wellness Survey Draft



Senior Center Wellness Survey

Disclaimer: Any wellness program set up and provided by the Irwindale Senior Center is based on voluntary participation from our senior community (adults 50+). In accordance with the Health Insurance Portability and Accountability Act (HIPAA) enacted by US federal law in 1996, the Irwindale Senior Center staff are not permitted to request or collect medical or other sensitive health information from participants. Seniors may choose to share relevant medical information voluntarily; however, this is not required for participation. Please do not provide medical information about another individual without their consent or knowledge.

1. Are you aware of the Irwindale Senior Center's Homebound Program, a program that provides free meal delivery to residents Monday – Friday between 11am and 12pm?

☐ Yes ☐ No

2. Have you ever received a greeting card from the Irwindale Senior Center when you were sick or homebound?

☐ Yes ☐ No

3. Are you aware of the transportation services program, available for Irwindale residents to use for medical appointments, pharmacy runs, and trips to the senior center?

☐ Yes ☐ No

4. Would it be acceptable for the Irwindale Police Department to visit you at home if temperatures reach 100+ degrees in an effort to ensure your safety?

☐ Yes ☐ No



Senior Center Wellness Survey

5. Would you be willing to provide an emergency contact who Irwindale Senior Center Staff can call in case of an emergency at the facility?

☐ Yes ☐ No

- a. Would Irwindale staff be able to contact your emergency contact should you not be present at the Irwindale Senior Center in 3+ weeks, or answer your phone calls in that same period of time?

☐ Yes ☐ No

- b. Should your emergency contact not answer staff calls, would you allow a wellness check from the Irwindale Police Department to be performed?

☐ Yes ☐ No

6. Would you be willing to have volunteers call you to check in on you?

☐ Yes ☐ No

- a. Would volunteers be able to contact your emergency contact should you not be present at the Irwindale Senior Center in 3+ weeks or answer your phone calls in the same period of time?

☐ Yes ☐ No

- b. How often would you like to receive a phone call to check in on you?

☐ Every week ☐ Bi Weekly ☐ Monthly

☐ Until recovered from a medical procedure

For more information on existing services at the Irwindale Senior Center, please contact the front desk at: (626) 430-2283 or visit www.irwindaleca.gov/seniorcenter



Senior Center Wellness Survey

Optional:

Name: _____

Age: ☐ 50-60 ☐ 60-70 ☐ 71+

Interests at the Senior Center:

- ☐ Exercise Classes: Cardio room, Movin' & Groovin', Zumba, etc.
- ☐ Crafting Classes: Sewing, Canvas Painting, Greeting Card, etc.
- ☐ Events: Christmas Dinner Dance, Valentines Day Dance, etc.
- ☐ Social Services: Nutrition Program, Educational Seminars, Haircuts, etc.
- ☐ Socialization: Karaoke, Bingo, Tea Time, etc.
- ☐ Trips: Casino, Mariachi, Oak Glen, etc.

Additional Comments:

Thank you for taking the time to complete our survey. Please mail back to:

**5050 N. Irwindale Ave
Irwindale, CA 91706**

or drop off in person at the Senior Center:

**16116 Arrow Hwy
Irwindale, CA 91706**

City of
IRWINDALE
AGENDA REPORT

Date: October 27, 2025
To: Honorable Chair and Members of the Senior Citizen Commission
From: Elizabeth Rodriguez, Public Services Director
Issue: Age Friendly City

Public Services Director's Recommendation:

Discuss and provide a recommendation for staff to initiate the Age-Friendly City application process through AARP.

Administrative Action:

Submitted by:

Elizabeth Rodriguez, Public Services Director

Prepared by:

Elena Martinez, Senior Center Manager

Background and Analysis:

The Age Friendly City designation is granted by AARP (American Association of Retired Persons), which commits the City to actively work with residents and local advocates to make the city more livable for people of all ages, especially older adults. The program itself, equips the applicants with resources for assessing the 8 Domains of Livability including:

- 1) Outdoor Spaces and Buildings
- 2) Transportation
- 3) Civic Participation and Employment
- 4) Communication and Information
- 5) Respect and Social Inclusion
- 6) Social Participation
- 7) Health Services and Community Supports
- 8) Housing

As an example, the neighboring city of Azusa has been part of the age-friendly network since 2019. Their action plan is to improve transportation access and affordability for older adults and people with disabilities by supporting expanded public transportation coverage in underserved areas, extending the hours and weekend availability of Azusa Dial-a-Ride and introducing affordable rideshare voucher programs.

For Irwindale, participation in the program would begin with conducting a needs assessment during

the first year of enrollment. In the second year, staff would develop a community-driven action plan to enhance livability for older adults. During years three through five, the plan would be implemented and progress tracked. After year five, regular evaluations would occur to ensure community needs continue to be met and to guide updates to the action plan.

Attachments:

None